

Example timetable: Learning for Life



	Monday	Tuesday	Wednesday	Thursday	Friday		
8.45-9.15	Preparation for Learning (self-regulation / II) Registration / Day, Date and Weather						
9.15-10.00	Communication / Literacy	Communication / Literacy	Maths	Massage	Fine motor skills		
10.00-10.15	Circle Time Movement songs	Circle time Number songs	Circle time Phonics	Circle time Phonics	Physical Development: PE		
10.15-10.30	Snack - Taught PSHE	Snack - Taught PSHE	Snack - Taught PSHE	Snack - Taught PSHE			
10.30-10.45	Playtime / sensory break	Playtime / sensory break	Playtime / sensory break	Playtime / sensory break	Playtime / sensory break		
10.45-11.45	Maths	Practical Maths - e.g. maths games, cooking etc.	Communication / Literacy (writing focus)	Maths	Reading / Phonics		
11.45-12.15/ 12.15-12.45	Lunch – Taught PSHE	Lunch – Taught PSHE	Lunch – Taught PSHE	Lunch – Taught PSHE	Lunch – Taught PSHE		
12.15-12.45/ 12.45-1.15	Playtime	Playtime	Playtime	Playtime	Playtime		
12.45-12.55	Registration / Personal Hygiene (Toileting & Teeth brushing)						
12.55-1.45	Swimming	PSHE	Rebound	Reading / Phonics / snack	TOPIC Understanding the World (including snack)	Forest School (including snack)	TOPIC Expressive Arts & Design (including snack)
1.45-2.30		Snack					
2.30-2.45	Play skills / choose	Play skills / choose	Play skills / choose	Play skills / choose	Play skills / choose		
2.45-3.00	Celebrations and rewards / Prep for home	Celebrations and rewards / Prep for home	Celebrations and rewards / Prep for home	Celebrations and rewards / Prep for home	Celebrations and rewards / Prep for home		

Times vary according to individual classes